



Asparagus with shaved Parmesan and fried egg

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Fry the asparagus in olive oil, drizzle with concentrated apple and lemon juice, add salt, pepper, butter and diced chilli and serve on warmed plates.

Cook the fried eggs in a little butter, season with salt, pepper and nutmeg.

Sprinkle the asparagus with the shaved Parmesan.

Alternative: use scallops instead of the fried egg.

1 kg asparagus, bottom half peeled  
2 tbsp olive oil  
2 tbsp concentrated apple juice  
juice of ½ lemon  
salt/pepper  
30 g butter  
½ red chilli, deseeded and finely diced  
4 eggs  
1 tsp butter  
salt, pepper, nutmeg  
50 g piece of Parmesan, shaved